

Capital Institute for Cognitive Therapy

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Capital Institute for Cognitive Therapy, a leading provider of empirically supported cognitive-behavioral treatments in the Washington DC metro area, is accepting applications for Postdoctoral Fellowships in Adult Psychotherapy and Child/Adolescent Psychotherapy.

Child/Adolescent Fellowship: This position is based in our Bethesda, MD office. Fellows will provide individual, group and family therapy to patients ranging from elementary school age through late adolescence. Fellows may also provide supervision to externs and may see some adult patients.

Adult Fellowship: This position is based in our DC office but includes the option to see patients some days in our Bethesda location. Fellows will provide individual therapy to patients ranging from late adolescence through the full adult age span. Couple and group therapy and supervision of externs may also be options.

Postdoctoral Fellows receive expert-level supervision, advanced seminars, and clinical experience with a wide range of presenting problems while accumulating hours for licensure. Most postdocs choose to remain in the practice after becoming licensed.

Capital Institute provides a collegial atmosphere with fellow professionals committed to quality patient care and continued learning. Dr. Stephen Holland, the Institute Director, is an internationally recognized CBT expert. Many members of our clinical staff are involved in research, publish scholarly articles, present at major conferences and/or provide training to other professionals.

We work with a full range of CBT interventions, including exposure-based treatments, cognitive therapy, DBT, ACT and other mindfulness-based approaches. With a clinical staff of 18, we serve a large and diverse patient population. Opportunities exist to develop areas of special interest within a general group practice.

Fellowships may be full or part-time. Work schedules are flexible. Child/Adolescent Fellows will work in our Bethesda, MD location. Adult Fellows may work in our Washington, DC and/or Bethesda offices.

We offer a highly competitive salary, opportunity for bonus, moving expenses and CE support. Capital Institute is committed to diversity, equity, and inclusion.

Application deadline: January 3, 2022. We encourage early application. Email CV, letter of interest and 3 letters of reference to: Stephen Holland, Psy.D. and John Dennis, Ph.D. at CICTapplications@gmail.com.