

CAPITAL INSTITUTE FOR COGNITIVE THERAPY, LLC

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Postdoctoral Fellowship 2019-2020

Capital Institute for Cognitive Therapy is currently accepting applications for our 2019-20 Postdoctoral Fellowship. Fellows receive expert-level training and supervision in empirically-supported cognitive-behavioral and integrative psychotherapies while accumulating hours for licensure. Most of our prior Fellows have chosen to remain as full staff members after earning their license. Fellows may choose a full or part-time schedule.

Capital Institute is one of the leading providers of empirically-supported cognitive-behavioral therapy in the Washington DC area. We work with the full range of CBT interventions, including cognitive therapy, exposure-based treatments and mindfulness/acceptance approaches. Our diverse patient population presents with a wide variety of problems including mood and anxiety disorders, obsessive-compulsive spectrum disorders, trauma, eating disorders, relationship concerns, and personality disorders. We provide a collegial atmosphere with fellow professionals committed to quality patient care and continued learning. Dr. Stephen Holland, the Institute Director, is an internationally recognized CBT expert. Many members of our clinical staff are also involved in research, publish scholarly articles, present at major conferences and/or provide training to other professionals.

Postdoctoral fellows provide assessment and psychotherapy services, including working with individuals, couples and families in a private practice setting. Involvement in group therapy may also be possible.

The Postdoctoral Fellowship is open to graduates from APA-approved clinical psychology training programs who have completed internship. Applicants must have supervised experience providing cognitive-behavioral treatment. Salary is highly competitive. Applications are currently being accepted. We will consider start dates between June 1 and September 1, 2019. Please send a statement of interest, CV describing academic and clinical training and references to Stephen Holland, Psy.D. at cictapplications@gmail.com. For more information about the Institute, please see cognitivetherapydc.com.