

# CAPITAL INSTITUTE FOR COGNITIVE THERAPY, LLC

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## **EXTERNSHIP PROGRAM 2017 -2018**

Capital Institute for Cognitive Therapy is pleased to announce an externship emphasizing diagnosis and psychotherapy for the 2017 - 2018 academic year. Capital Institute is one of the leading providers of empirically-supported cognitive-behavioral therapy in the Washington DC area. We specialize in treating mood and anxiety disorders and work with a wide range of other diagnoses. We use an integrative approach to deal with complex problems and personality disorders.

Externs will see up to eight patients weekly. They will receive one hour of individual supervision per week with a licensed psychologist on staff and one to two hours of group supervision led by the Director of Institute, Dr. Stephen Holland. Patients will likely include adolescents, college students and adults. Externs also respond to initial inquiries from new patients. Additional opportunities may include co-leading a group and providing research assistance to the Director. Externs work up to 16 hours per week and must be available one evening. The externship will run from September 1, 2017 to May 31, 2018. There is a stipend of \$1,500. There is an option to extend the externship to begin June 1, 2017 with additional stipend.

The externship is open to doctoral students in APA-approved clinical psychology training programs. Applicants must have completed a minimum of two years of doctoral course work prior to beginning the externship, including at least one course in cognitive-behavioral therapy, and must have supervised experience providing cognitive-behavioral treatment.

To apply, please send the following materials by February 7, 2017: a statement of interest, CV describing academic and clinical training, one letter from the student's advisor or training director, and two letters of recommendation from clinical supervisors. Send to Stephen Holland, Psy.D. at [cictapplications@gmail.com](mailto:cictapplications@gmail.com). For more information about the Institute, see [cognitivetherapydc.com](http://cognitivetherapydc.com).